

Steamfitters

LOCAL UNION #449

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June 24, 2015

Dear Member:

The Board of Trustees and Officers care about our members and recognize that we all have times when life's obstacles can affect our happiness and productivity. We are writing to let you know that we have changed our MAP services vendor to **LifeSolutions Member Assistance Program**. This comprehensive menu of services is available to you and anyone in your household, including your children who are away at college, as **LifeSolutions** offers services that are available nationwide.

At **NO COST** to you, **LifeSolutions** offers **FREE and CONFIDENTIAL** services for a host of issues that affect all of us at one time or another. **Your Member Assistance Program can help you with:**

- Relationship counseling and assistance with difficult family issues
- Personal coaching for anxiety, anger, grief, depression, and more
- Consultation and treatment for alcohol- or drug-related problems
- Financial advising for budgeting, planning, managing debt, and more
- Legal consultation and discounted legal services
- "Safe Journey" reimbursement for cab fare when you're drinking away from home
- Referrals to child care and elder care resources, and other community services
- An online stress management program, monthly webinars, and much more ...

The **LifeSolutions' National Service Center** is available around the clock. Simply call **1-855-209-8762** to speak to a professional who can help, or to get further details on their services. Best time to call is Monday-Friday, 8:00 a.m. – 5:00 p.m., however urgent matters are handled 24/7. Plus they have a robust website at www.lifesolutionsforyou.com. Just type in your password **steamfitters** to access the site.

Enclosed is a **LifeSolutions** enrollment card for your wallet that outlines their services. Also enclosed is a flier outlining their services and a refrigerator magnet so that you can have their number at your fingertips.

We are pleased to provide this special service to help you when times get tough.

If you have problems, they have solutions.

Fraternally,



Joseph M. Little
Secretary-Treasurer

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